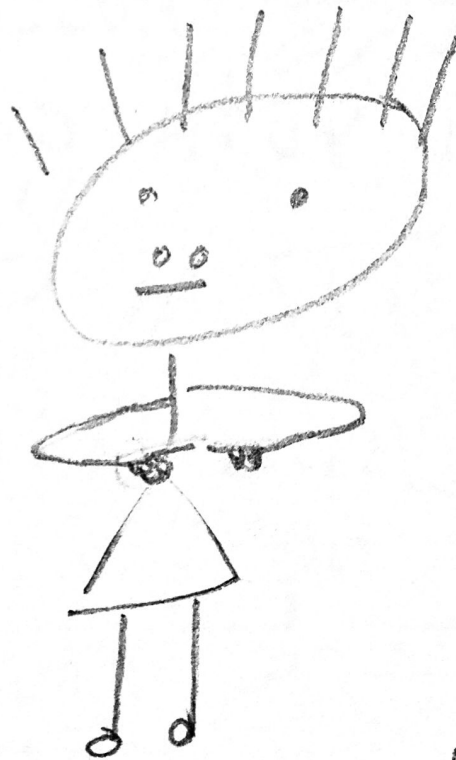


HAVING SEX AS A SURVIVOR (THE POLITICS OF PLEASURE)

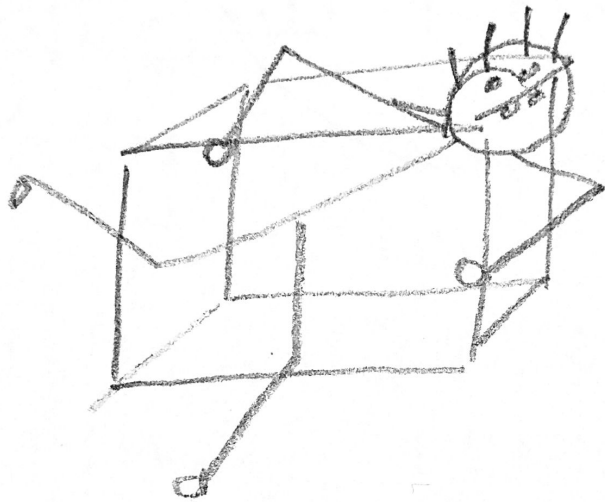
CONTENT WARNINGS:

SEX, SEXUAL ASSAULT, DISSOCIATION,
ANGER, LOSS, LOVE, ANGER, LOSS,
PAIN, ANGER, RAGE, ALIENATION,
LOSS, LOSS, LOSS, GRIEF, RAGE.
ALSO BPD.



* ALL experiences are different.
THIS IS SOLELY MINE.

WHEN SEX IS A
FORBIDDEN EXPERIENCE
FOR YOU UNLESS YOU
FIT INTO A BOX SOMEONE
ELSE DREW FOR YOU...



SEEKING SEX BECOMES
A CRIME.
WHILE
~~WHEN~~ THEY DON'T PUNISH
YOU FOR IT, THEY TRAIN
YOU TO PUNISH YOURSELF.

THE AUDACITY TO CONTROL YOUR
ABILITY TO FEEL PLEASURE!



→ angry.

SEXUAL ASSAULT IS THEM TELLING
YOU WHAT HAPPENS WHEN YOU
STEP OUT OF THE BOX.

YOU ASKED FOR IT



BUT NOT ONLY IS IT THEM,
IT IS ALSO THEIR WATCHERS
INSIDE YOUR MIND,

POLICING YOU!



YOU DISSOCIATE DURING
SEX BECAUSE PLEASURE
ON YOUR OWN TERMS
IS

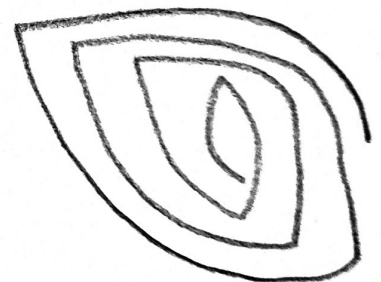
DANGEROUS!!!

your body is afraid.
So it locks you out of the
control room.

"MAYbe you shouldn't have sex till you heal."

"If you dissociate, you should not be trying to do this"

"YOU DON'T even NEED sex. Why are you seeking it."



you learn
THEIR language
and blame yourself
for putting yourself
in this position.



NO

I scream! I forgive
my body for its trauma
response. I don't apologise
for seeking pleasure. I refuse
to go back into a box.
I will heal in my own
time, but I will still
love, and experience it.

I don't need ~ SEX.
I want it.



SO WHAT? if I cry during sex?

SO WHAT? if I freeze?

SO WHAT? if I dissociate?

IT MEANS I HAVE SEX differently

I HAVE different needs. I have

more anxieties, insecurities,

means of communication. BUT

I REFUSE TO GIVE UP MY

RIGHT TO PLEASURE.

